

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Islington Boat Club (IBC)	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Mr Leo Collier	Position: Director
Website: http://www.islingtonboatclub.com	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 287680
When was your organisation established? 25/08/1983	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive		
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people involved in the running and management of sport activities		
Please describe the purpose of your funding request in one sentence. Provide a unique inclusive programme of watersports and outdoor activities that are accessible to people with mental health and special educational needs.		
When will the funding be required? 01/01/2016		
How much funding are you requesting?		
Year 1: £27,300	Year 2: £27,300	Year 3: £27,300
Total: £81,900		

Aims of your organisation:

Our aims

- To provide facilities in the interests of social welfare for recreation and other leisure time occupation for the benefit of children and young people principally but not exclusively in London Borough of Islington with the object of improving the conditions of life of such young people.
- To support staff, Club users and volunteers to achieve their full potential
- To maximize the use of our beautiful urban waterside location working in partnership with other partners who share our charitable ethos
- To provide a programme of activities that focus on young people and their families and ensure that the Centre is sustainable financially into the future

Main activities of your organisation:

Our vision is to develop young people's life skills through the provision of an affordable and constructive outlet for their natural energy and enthusiasm and encouraging excellence through supervised water and land based activities which include:

- Kayaking
- Canoeing
- Narrowboating
- Powerboating
- Sailing
- Martial arts/self defence
- Pedalos
- Mountain biking
- Bellboating
- Dragonboating
- First Aid

Delivered to:

- Young people aged 9-19

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	2	10	20

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	9

Summary of grant request

'All Aboard' will encourage/support 250+ people with mental health and special educational needs (SEN) per year to actively take part in sports that otherwise are not available giving opportunities to gain NGB accreditation at a pace that suits them.

Meeting CBT outcomes by making IBC:

- Accessible and as a result more widely used by people with SEN who will be involved in the running and management of the service as well as supporting people with SEN in the transition to adulthood.
- Inclusive, enabling people with SEN to actively take part in a multitude of sports to increase well-being as a result of taking part.

With 31,000 people in Islington identifying themselves as having an impairment or disability (IMD). This is around 17% of the population. 49% of disabled people of working age are not economically active in Islington. Over 2,000 children in Islington have SEN's. Four hundred 16-18 year olds are NEET but disabled young people are nearly three times as likely to be NEET.

Sport/Physical Activity Needs Assessment for Young People says 'Disabled young people have lower participation levels than non-disabled young people in Islington' In Islington over three fifths (61.4%) of disabled people are not playing sport compared to two-fifths (41.6%) of non-disabled people. This project has been developed to get more disabled people into sport and narrow this gap and become the only inclusive watersports centre in Islington whereby people, particularly those with disabilities, can play, enjoy and acquire skills provided to an excellent standard to build confidence and self-esteem. Sailing amongst other watersports is one of the very few sports in which able-bodied sailors and disabled sailors can participate on equal terms. Imagine the thrill of kayaking, narrowboating, canoeing for people who can feel and hear but have no sight, or of sailing a boat or powerboat at speed even though they can't walk, or of joining in a sport where deafness doesn't matter.

39 days per year for three years our doors will open for children and young people with SEN aged 9+, for those who do not wish to participate initially on the water they will be able to be inspired by those taking part while enjoying sports activities on land!

10 peer mentoring/family days will be organised through consultation and may take the form of: peer mentoring, IBC youth members will pair up with beneficiaries to encourage team work and integration into other club activities and 1day a week, work experience programmes for beneficiaries who will help to plan and deliver this project.

Beneficiaries initially will be introduced in an exclusive setting with the aim of full integration into other activities. Volunteers will be recruited, crucial to the longterm sustainability. We are developing a scheme whereby volunteers can bank hours against watersports accreditations.

Set up 40 years ago, by and for the people of Islington and its near neighbouring areas, we have offered inspiration, self-development and opportunity to our community ever since.

We have Sport England Clubmark accreditation, proving we are the right environment which ensures the welfare of beneficiaries, encouraging everyone to enjoy sport and stay involved throughout their lives in an inclusive setting.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We are Sport England Clubmark accredited. It shows that we provide the right environment which ensures the welfare of members, encouraging everyone to enjoy sport and stay involved throughout their lives. As an accredited club we are recognised as a safe, rewarding and fulfilling place for participants of all ages as well as helping parents and carers know that they're choosing the right club for their young people.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Thirty nine days for 39 weeks for three years (117 days) of two watersports sessions (234 sessions) for people with SEN

Thirty nine days for 39 weeks for three years (117 days) of two on shore sporting sessions (234 sessions) for people with SEN

Provide each year for three years a one day a week provide work experience to SEN young people who will help to plan, steer, outreach and deliver 'all aboard' programme.

Peer mentoring days (IBC youth members will pair up with people with SEN to encourage team work and integration into club daily activities 5 days per year for three years (total 15 days)

Family days 5 days per year for three years (15 in total) - beneficiaries who have participated will be encouraged to bring their families and friends along to celebrate their new found skills and encourage community links.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People with mental health and special educational needs, their parents & friends report an increase of well-being as a result of taking part in watersports which isn't normally available to them

IBC more widely used by people with SEN with a heightened awareness of the services available to them.

IBC becomes an inclusive club for both disabled and able people to enjoy together and acquire skills that build their confidence and abilities.

People with mental health and special educational needs involved in the running and management of the IBC and the 'All aboard' programme

New volunteers recruited essential for the long term sustainability of 'All aboard' programme and IBC as a whole

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We are working with LB of Islington and local architects on a scheme to re-develop our site allowing us to continue to provide and expand this important service to the local community. With this in mind we have developed a Business Plan (Available on request) which sets out our long term aim to become more sustainable and financially self-reliant.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

250

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (50%) Camden (20%) Hackney (10%) City (20%)

What age group(s) will benefit?

0-15 16-24 25-44 45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
4 instructors x 3 x 2 hr sessions plus 1 additional hour for setting up and debriefing 39 weeks = 4x7hrsx39 days@£25ph	27,300	27,300	27,300	81,900
39 days Heat, lighting, venue & depreciation. Management, development, compliance and overheads	3,810	3,810	3,810	11,430
Coordinator - 1 dry land sessional/Minibus driver/canteen/ for those who do not wish to go afloat and compliance reporting £25ph x 8 hrs x 39 days	7,800	7,800	7,800	23,400
10 Peer mentoring and family days = 4 instructor x 6 hour sessions x 10 days @£25PH	6,000	6,000	6,000	18,000
Peer mentoring/family days Heat, lighting, venue & depreciation. Management, development, compliance and overheads	600	600	600	1,800
Promotional	3,000	3,000	3,000	9,000
changing room adaptations to make fit for purpose	39,128	0	0	39,128

TOTAL:	87,638	48,510	48,510	184,568
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
IBC contribution	2,000	2,000	2,000	6,000
Sportivate	4,068	0	0	4,068
IBC continued project fundraising events	3,000	5,000	5,000	13,000
changing room adaptations Sport England and S106	39,128	0	0	39,128

TOTAL:	48,196	7,000	7,000	62,196
---------------	---------------	--------------	--------------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Sport England	10,000	0	0	10,000
Sir Edward Lewis Foundation	5,000	5,000	5,000	15,000
	0	0	0	0
Henry Smith Charity	12,142	9,210	9,210	30,562
	0	0	0	0
We have a prospect list of funders which we will continue to apply to	0	0	0	0

TOTAL:	27,142	14,210	14,210	55,562
---------------	---------------	---------------	---------------	---------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
	0	0	0	0
4 instructors 3 x 2 hr sessions plus 1 additional hour for setting up and debriefing /skill card updating 39 weeks =4 x7hrsx39 days@£25ph	27,300	27,300	27,300	81,900
	0	0	0	0
TOTAL:	27,300	27,300	27,300	81,900

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	140,447
Activities for generating funds	48,922
Investment income	328
Income from charitable activities	63,420
Other sources	77,100
Total Income:	320,217

Expenditure:	£
Charitable activities	308,392
Governance costs	30,166
Cost of generating funds	0
Other	0
Total Expenditure:	338,558
Net (deficit)/surplus:	(8,341)
Other Recognised Gains/(Losses):	1,352
Net Movement in Funds:	(6,989)

Asset position at year end	£
Fixed assets	161,459
Investments	22,678
Net current assets	71,636
Long-term liabilities	0
*Total Assets (A):	255,773

Reserves at year end	£
Endowment funds	168,335
Restricted funds	0
Unrestricted funds	87,438
*Total Reserves (B):	255,773

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41 - 50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	114,916	112,094	186,512
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	3,690	15,510

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
	0	0	0
EB Moller	0	0	10,000
	0	0	0
Arts Council	0	9,900	0
	0	0	0
Changemakers	0	2,800	0
	0	0	0
Social Investment fund	0	9,900	0
	0	0	0
Big Lottery Fund	56,037	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Leo Collier**

Role within **Director**

Organisation: